

# For God So **LOVED**

---

## FAMILY WORSHIP ACTIVITIES

### How to Use the Lent 2019 Family Worship Activities

The **Family Worship Activities** are intended to be used during a family worship experience—where all ages are worshiping together.

Each service has three Family Worship Activities to choose from. Prepare one packet of supplies for each child. Pass out the packets before the service. A Bible is also needed during each service.

You can post the instructions for each activity on a screen during the service. Or, if you'd prefer, you can print out the instructions and include one in each packet.

Some of these activities will require a flat surface or table for children to work on. You could also provide a clipboard or sturdy piece of cardboard for children to use when writing or drawing. Do whatever works for your context.

These activities can also be used in conjunction with the **Children's Teaching Outlines**. Send home the **Family Take-Home Activities** and **Scripture Art Journal** as well.

# FIRST SUNDAY IN LENT FAMILY WORSHIP ACTIVITIES

## MARCH 10, 2019

**Scripture:** Deuteronomy 6:3, 6:13, 6:16, 8:3; Luke 4:1-13

### *Option 1: A Tiny Taste of Temptation*

**Supplies Needed:**

- One small treat per child (i.e., a marshmallow or a piece of chocolate) plus additional treats for after the service if desired

Place a treat in each child's family worship supplies with an explanation of the following instructions:

Today, we're talking together about temptation. Temptation is being attracted by something that might not be good. After Jesus was baptized, he was tempted by Satan in three big ways. So Jesus knows exactly what temptation is like. You might feel tempted to eat your treat or take just a tiny nibble, but don't give into the temptation. Instead, bring your treat to [designated adult] after the service to show that you, like Jesus, resisted temptation.

After the service, the designated adult may choose to let the kids eat their treats, trade one marshmallow for two, or upgrade the treat to something a little bit bigger or more special like a cookie.

**Ask:**

- *What does it feel like to be tempted?*
- *How would it feel to be tempted by this treat if you had not had anything to eat for 40 days?*
- *Why do you think Jesus was tempted?*

### *Option 2: A Picture of Temptation*

**Supplies Needed:**

- White paper
- Coloring supplies

Fold your paper into thirds. In each section, draw a picture of one of the ways Jesus was tempted (with bread, with power and authority, and with the ability to do something spectacular).

**Ask:**

- *Which temptation do you think was the most challenging for Jesus?*
- *Which do you think would be the most challenging for you? Why?*

### *Option 3: Find Jesus's Answers*

#### **Supplies Needed:**

- Whiteboard and dry erase markers OR paper and coloring supplies

Jesus's answers to Satan are direct quotes from the book of Deuteronomy in the Old Testament. The message is pretty much summed up in **Deuteronomy 6:3**. Find Deuteronomy 6:3 in a Bible. (*Hint: Deuteronomy is the 5<sup>th</sup> book of the Bible—Genesis, Exodus, Leviticus, Numbers, Deuteronomy.*) Ask an adult if you need help. Write down the verse on your paper or whiteboard. Decorate it and use fancy letters if you'd like. If you're up for an additional challenge, find all of Jesus's responses to Satan in **Deuteronomy 6:13**, **Deuteronomy 6:16**, and **Deuteronomy 8:3**.

#### **Ask:**

- *Why do you think Jesus quoted scripture as his answers?*
- *What does Deuteronomy 6:3 say to us today?*