

FAMILY TAKE-HOME ACTIVITIES

How to Use the Lent 2019 Family Take-Home Activities

As the name indicates, the Family Take-Home Activities are designed to be sent home with families each week. In addition to—or possibly instead of—hard copies, you may want to offer a digital option that families can get from email. Encourage children and families to engage with the scripture for the week by reading the passage and participating in the discussion or activity suggested in the Family Take-Home piece.

The **Family Take-Home Activities** also include a memory verse from the lectionary readings for each Lenten service. Feel free to use motions, songs, silly voices, or games to help young worshipers memorize these scriptures.

These activities were created to work in conjunction with the Children's Teaching Outlines, Family Worship Experiences, and the Family Worship Activities. However, they could also stand alone as a resource to help families engage in the Lenten season. Distribute them to families in the manner that works best for your context so that parents and guardians can help their young worshipers engage in the Lenten experience.

FIRST SUNDAY IN LENT FAMILY TAKE-HOME ACTIVITY

MARCH 10, 2019

Scripture: Luke 4:1-13

Work together to make something really tempting to eat (cookies, a cake, etc.). Then, give it all away to someone else like a neighbor, an elderly person from your church, or a friend. Talk about how special foods can represent a temptation, but there are lots of other temptations too.

Ask:

- What is a temptation for you? Wanting to be in charge? Getting your own way? Having everything you want instantly? Watching something that maybe isn't as pleasing to God? Hours and hours of screen time?
- How can you ask God to help you with one area of temptation this Lenten season?
- What will it take from you to make a change?
- How can you "worship the Lord your God and serve him only" in this way?

MEMORY VERSE

"Jesus answered, 'It is written: "Worship the Lord your God and serve him only."" (Luke 4:8)