

CONTENTS

<i>Foreword</i>	9
<i>Acknowledgments</i>	11
<i>Introduction</i>	13
1. Jewelry for Water	19
<i>How I Sacrificed My Possessions, like Harriet Tubman</i>	
2. Faith Unleashed	31
<i>How I Shared My Faith with Pagans, like Perpetua</i>	
3. Fast and Furious	45
<i>How I Practiced Self-denial, like Mother Teresa</i>	
4. Children in a Dump Truck	59
<i>How I Traveled to Help Children, like Eleanor Roosevelt</i>	
5. Life, Unplugged	73
<i>How I Practiced Devotion, like Mary Magdalene</i>	
6. Slag in Your Ear	87
<i>How I Worked with My Hands, like Rosie the Riveter</i>	
7. Chickens in the House	97
<i>How I Helped Outcasts, like Elizabeth Fry</i>	
8. Meeting the Extended Family	111
<i>How I Learned to Respect Other Christians, like Queen Elizabeth I</i>	
9. Ink Power	125
<i>How I Wrote to Change the World, like Jane Austen</i>	
10. Start a Little Adventure	137
<i>You Don't Have to Be Wonder Woman</i>	
<i>Appendix 1: The Adventure Continues: What Can I Do Next?</i>	141
<i>Appendix 2: Quick Bios on Women Who Changed the World</i>	143
<i>Notes</i>	153
<i>For Further Reading</i>	157